

# #INSPIRATION2022

## ACTIVATION PACK



## StreetGames

### #Inspiration2022 – Autumn/Winter Edition!

2022 has already been a hugely exciting year for Sport in the UK, with the Commonwealth Games, and UEFA Women's EUROs already taking place on home soil. The autumn and winter are set to be just as exciting, with the Rugby League World Cup and Gymnastics World Championships both taking place in England, as well as the Women's Rugby Union World Cup, T20 Cricket World Cup, FIFA World Cup to round out a sporting calendar that is destined to inspire thousands more people to get active.

We want to make sure that this ripple effect is felt by everybody, including those in underserved communities who experience multiple barriers to accessing sport and physical activity. **#Inspiration2022** is designed to do just that.

This Activation Pack is designed to help you bring these major events to your weekly Doorstep Sport sessions and help the Young People that you work with to connect to a major event in a way that they may not have had the opportunity to do before.

Each sport has a different offer, so please read this pack carefully. You can always get in touch with any of the StreetGames Wales team for further information, and don't forget to showcase your efforts on social media, using the handles and #hashtags on page 15.

#### **This pack includes:**

- What's on offer from StreetGames
- Activity ideas
- Training courses
- Player profiles and engagement
- Cultural celebrations and activities
- Tournament/Competition trackers
- Play your own tournaments
- Event specific ideas
- Monitoring and Evaluation
- Poster template

## What's on offer from StreetGames

### Rugby League World Cup

Tickets are still available. Please contact [Rhiannon.sheendejesus@streetgames.org](mailto:Rhiannon.sheendejesus@streetgames.org) if you are interested. Please note these games are being played in England.

### T20 Cricket World Cup

Cricket Activity packs are available, including cricket equipment and t-shirts. To register your interest, please complete this short form [Cricket Equipment - EOJ](#)

### FIFA Football World Cup

Small grants are available to help you deliver football activity linked to the World Cup. Details available here [Barclays Community Football Fund | Sported](#)

### Women's Rugby Union World Cup and Gymnastics World Championships

Activity ideas contained in this pack

### Multi-Sport Kit Bags

There are 20 Multi-Sport kit bags available to help you deliver a varied and vibrant offer in your weekly Doorstep Sport sessions. To register your interest, please complete this short form here: [Multi Sport Kit Bag - EOJ](#)

## Activity Ideas

There are lots of ways that you can bring these major events to life locally. The following pages will hopefully give you some ideas that can be used for all of the competitions, and some event specific opportunities. We would love to hear your ideas too, so don't forget to tag us on social media to show the Network what you've come up with.



## Training Workshops

StreetGames has a whole range of training workshops available to the Network, including a long list of Activator Workshops, that are designed to introduce learners to new sports and activities and help you to develop the confidence to deliver these activities at your sessions. Have a look at our Training Academy website here [Activator Workshops | StreetGames](#)

If you would like to arrange a StreetGames Training course for your organisation, please contact [wales@streetgames.org](mailto:wales@streetgames.org) and one of the team will be in touch. Please note that you will need a minimum of 10 learners for us to deliver a closed course just for your organisation, and usually need a lead in time of at least 2 weeks.

Each National Governing Body (NGB) also has a range of training aimed at new coaches and leaders. Have a look at their websites below to see if any of their courses are appropriate for you and your coaches and volunteers. It's always a good idea to have a conversation with us first about training, as we may have an existing relationship with the NGB which could include training offers and support.

- Cricket Wales Coaching Pathway: [Coaching Pathway | Cricket Wales](#)
- Wales Rugby League Courses: [Coach – Wales Rugby League \(WRL\)](#)
- Welsh Rugby Union Courses: [Course Finder - WRU Game Locker](#)
- Football Association Wales Courses: [Home \(fawcourses.com\)](#)
- Welsh Gymnastics Courses: [Courses \(welshgymnastics.org\)](#)

## Player Profiles and Engagement

A great way of helping your participants to connect to these major events, is to follow the players and athletes. You could support your participants to research the squads and players, follow them on social media, find out where they play or compete in the club structure for that sport and open up conversations with your participants at your sessions. You may find that some of the players are from near-by, went to the local high school, or played for the club down the road. This will all help to raise the aspirations of your participants, and hopefully help them to feel proud that an international athlete is from their local community.

You could run a social media challenge with your young people, awarding points for connecting with players and athletes. Could your participants send good luck and congratulations messages to the players and squads, or photos and videos of them trying their sport within your Doorstep Sport delivery? Better still, could you empower your Young People to come up with the ideas and how to award points throughout the event?

## Cultural Celebrations and Activities

A great way to connect to international events, is to celebrate and learn about different cultures. Can you theme any of your sessions based on who's taking part in the tournament or event? Have a think about how you can connect your participants to different countries through a fun sweepstake, or learning some sport related terminology in different languages perhaps. If you provide food at your sessions, how about looking at low cost snacks from different countries and trying them as a group. Don't forget to think about how to celebrate Welsh culture too! Could this be a chance to look at Welsh Language for example, or some of the history behind the songs, the logos and Wales' track record in each competition.

Here is a link to an information pack from Welsh Government with lots of ideas to develop Welsh cultural awareness activities within your provision. [Repository - Hwb \(gov.wales\)](#)

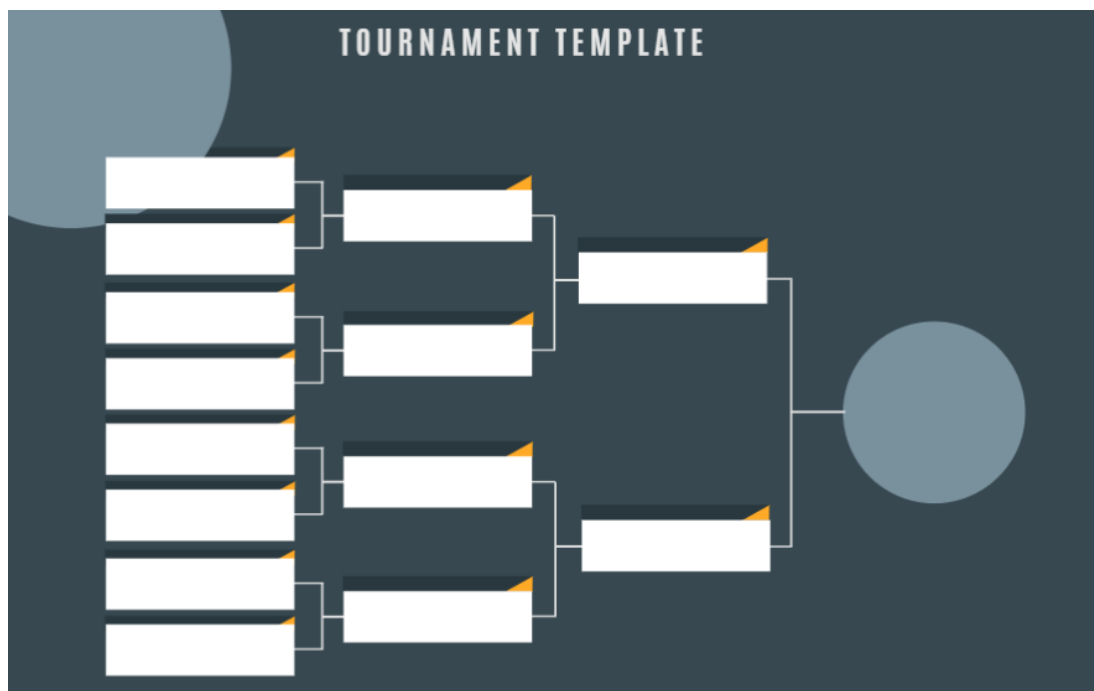
## Tournament/Competition Trackers

Each event will have its own competition structure, so we encourage you to follow along with your young people. You can draw out your own tracker chart and display it on the wall at your sessions, or perhaps have a look at what each event has on their website and use their tools.

- **T20 Cricket World Cup** (16/10/2022 – 13/11/2022) [Matches | Men's T20 World Cup 2022](#)
- **Rugby League World Cup** (15/10/2022 – 19/11/2022) [RLWC2021 Wallchart.pdf](#)
- **Women's Rugby Union World Cup** (8/10/2022 – 12/11/2022) [RWC 2021 Match-Schedule-Graphics-V11.pdf \(world.rugby\)](#)
- **FIFA World Cup** (20/11/2022 – 18/12/2022) [Match Centre \(fifa.com\)](#)
- **Gymnastics World Championships** (29/10/2022 – 6/11/2022) [World Gymnastics Championships Liverpool 2022 | World Gymnastics Championships \(2022worldgymnastics.com\)](#)

## Play your own tournament

There are lots of different ways to host your own tournament within your sessions, have a look at the templates below and see if you can organise some friendly competition within your own sessions. Have a think about how these can be Young People led. Can you re-create the team draws that we see in high profile tournaments to select who plays who? Perhaps Young People could have a go at officiating too, or maybe you could re-create the opening ceremony at your Doorstep Sport sessions



	1	2	3	4	5	6	Total
1		1	4	5	3	2	
2	1		2	3	4	5	
3	4	2		1	5	3	
4	5	3	1		2	4	
5	3	4	5	2		1	
6	2	5	3	4	1		

### 6 Players (3 Tables)

1v2  
3v4  
5v6  
-----  
1v6  
2v3  
4v5  
-----  
1v5  
2v4  
3v6  
-----  
1v3  
2v5  
4v6  
-----  
1v4  
2v6  
3v5

# Rugby League World Cup & Rugby Union: Women's World Cup 2022

[Rugby League World Cup 2021 \(rlwc2021.com\)](http://rlwc2021.com)    [Home](#) | [Rugby World Cup 2021](#)

Most games will be/are being streamed on local television.

**Tag social media** – @RLWC2021 @WalesRugbyL @rugbyworldcup @WRU\_Community

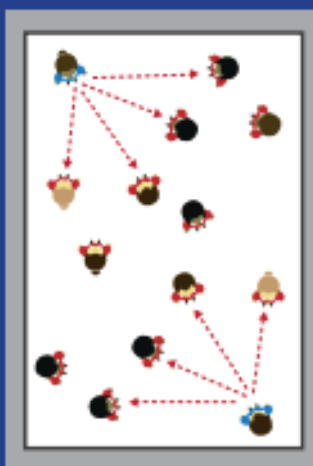
Here is a selection of games from our Rugby Activator workshop:-

## Tag Survival

- Each player has a tag or bib tucked into their waistband
- Players aim to steal each others tags / bibs
- Any additional tags / bibs must be added to your tag belt or tucked into your waistband
- Players can only remove one tag from an opponent at a time
- Winner is the player with the most tags at the end of a time limit

### Variations

- Turn into a 4 team challenge – which team can accumulate the most tags / bibs
- Introduce rugby skills challenge to complete each time you loose your tag before you try to steal another tag / bib

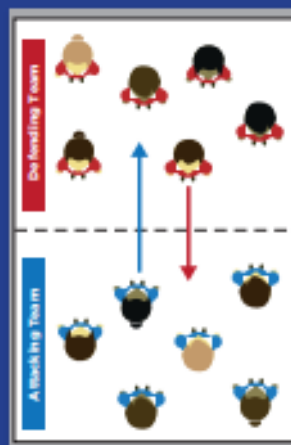


## Rughaddi

- Reds v Blues
- On activator's call, 1 player from Blues must go into opposition half and steal a tag from any Red player and then retreat back into their area
- When a player has taken a tag from any opponent. The defending team have to try grab a tag off the player retreating
- If a player successfully takes a tag and gets back to their zone without being caught they score a point
- If the opposition takes the tag before they get back, the defending team score a point
- Take turns between teams until all players have had a go

### Variations

- Send more than one player into zone
- Different colour tags = difference in point scoring

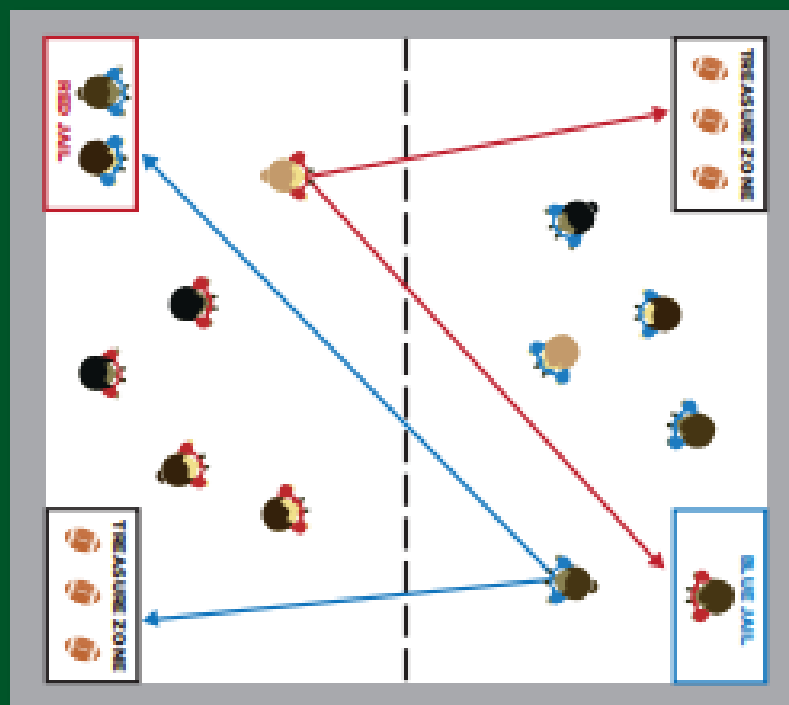


# Treasure Island

- Reds v Blues
- Teams start on separate sides of the pitch with equal amount of balls in their treasure zone (we suggest 3 each)
- When players cross the half way line they can be tagged and if so they must go into oppositions jail
- Players can be freed from jail should a team mate avoid being tagged in the opponents half and high 5 the player in jail
- Only 1 ball can be stolen at a time. A player does this by getting into the treasure zone untagged and is safe once inside. This player gets free run back into their own half with the ball (put in their treasure zone)

## Variations

- Increase / decrease number of balls
- Timed game rather than objective (all 6 balls)
- Pass with team mate back to their treasure zone
- Kick the ball back to team mates in the treasure zone





# Street Rugby - The Game!

## Street Rugby Full Game Rules

1. A pitch needs to be specified with boundaries, these can be anything from a car park, MUGA or field
2. Passes may be in any direction (this can progress to backwards only when the group are ready)
3. Any dropped ball or forward pass results in the other team taking possession where the ball was dropped
4. A player carrying the ball may be touched below the shoulders to simulate a tackle / or taking tag from belt
5. Once touched all the defending players retreat 3m from ball carrier. If ball carrier is touched within 3m try line / scoring zone defenders retreat onto try line
6. Any defenders staying within the 3m zone of a touched / tackled player will result in the tackle count returning to 0 for the attacking team
7. Once touched the ball carrier restarts the game by rolling the ball back between their legs
8. A team mate then picks up the ball and may run or pass; once the ball is picked up the defenders can move forward and try to touch
9. A point is scored by touching the ball down over the opponents try line
10. When in possession of the ball a team has 6 attempts to score, after 6 touches / tackles the ball is handed over to the other team (where the sixth touch / tackle is made)
11. To score a try the ball must be placed down with two hands

## T20 Cricket World Cup 2022

If you would like to access free Cricket equipment and t-shirts for your Doorstep Sport sessions, please complete this short expression of interest form. [Cricket Equipment - EOI](#)

Packs are limited and will be distributed on a first come, first served basis.

You will find various activities and games you can play via the Cricket Wales YouTube Channel: [Cricket Wales - YouTube](#)

Tag social media – @CricketWales @T20WorldCup

[ECB00598 Kwik Cricket Booklet v2](#)



IDEAS FOR PLAYING  
**THE GAME**

# Kwik Cricket Six-a-Side Scoresheet

<b>TEAM BATTING 1<sup>st</sup>:</b>			
1 <sup>st</sup> PAIR:			
1 <sup>st</sup> OVER		2 <sup>nd</sup> OVER	
BOWLER:		BOWLER:	
RUNS:	WKTS:	RUNS:	WKTS:
CUMULATIVE TOTAL:		CUMULATIVE TOTAL:	
2 <sup>nd</sup> PAIR:			
3 <sup>rd</sup> OVER		4 <sup>th</sup> OVER	
BOWLER:		BOWLER:	
RUNS:	WKTS:	RUNS:	WKTS:
CUMULATIVE TOTAL:		CUMULATIVE TOTAL:	
3 <sup>rd</sup> PAIR:			
5 <sup>th</sup> OVER		6 <sup>th</sup> OVER	
BOWLER:		BOWLER:	
RUNS:	WKTS:	RUNS:	WKTS:
CUMULATIVE TOTAL:		CUMULATIVE TOTAL:	

<b>TEAM BATTING 2<sup>nd</sup>:</b>			
1 <sup>st</sup> PAIR:			
1 <sup>st</sup> OVER		2 <sup>nd</sup> OVER	
BOWLER:		BOWLER:	
RUNS:	WKTS:	RUNS:	WKTS:
CUMULATIVE TOTAL:		CUMULATIVE TOTAL:	
2 <sup>nd</sup> PAIR:			
3 <sup>rd</sup> OVER		4 <sup>th</sup> OVER	
BOWLER:		BOWLER:	
RUNS:	WKTS:	RUNS:	WKTS:
CUMULATIVE TOTAL:		CUMULATIVE TOTAL:	
3 <sup>rd</sup> PAIR:			
5 <sup>th</sup> OVER		6 <sup>th</sup> OVER	
BOWLER:		BOWLER:	
RUNS:	WKTS:	RUNS:	WKTS:
CUMULATIVE TOTAL:		CUMULATIVE TOTAL:	

### Match Result

(Team) \_\_\_\_\_ ( \_\_\_\_\_ runs for \_\_\_\_\_ Wkts)

### *Defeated*

(Team) \_\_\_\_\_ ( \_\_\_\_\_ runs for \_\_\_\_\_ Wkts)

## FIFA World Cup 2022

[FIFA World Cup Qatar 2022™](#)

Small grants are available to help you deliver football activity linked to the World Cup. Details available here: [Barclays Community Football Fund | Sported](#)

**Tag social media** – @FIFAWorldCup @Cymru @FAWGrassroots @FAWales

Practise your Welsh with some simple phrases

English	Welsh
Good morning/Good afternoon	Bore da/Prynhawn da
On the whistle	Ar y chwyban
On your marks, get set, go	Ar eich marciau, barod, ewch
Go, go, go	Cer, cer, cer
Keep going	Daliwch ati
Pass the ball	Pasiwch y pel
Well done	Da iawn



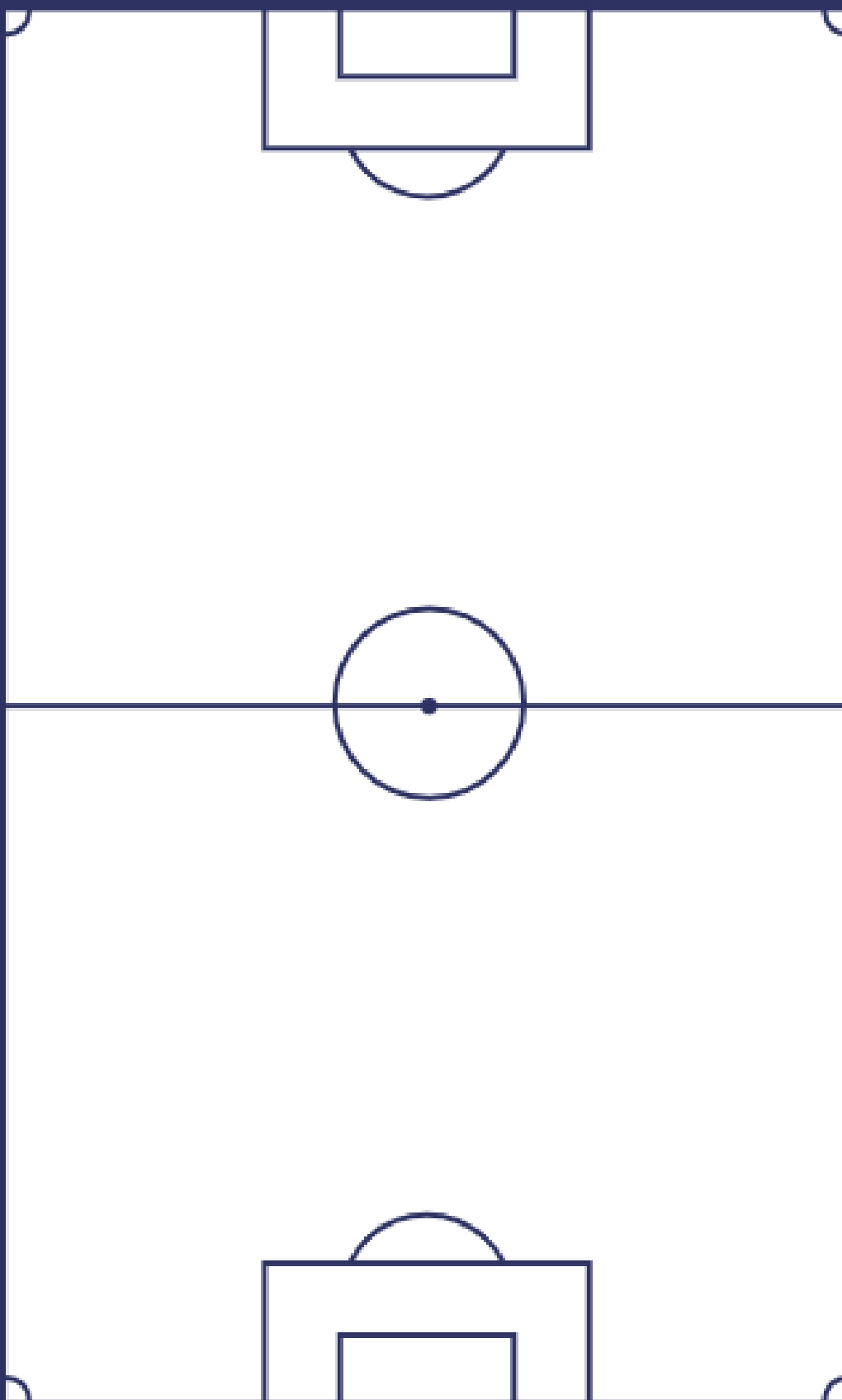
Futsal is an exciting, fast paced, small sided football game that originates from South America. Widely played around the world, it is officially recognised by UEFA and FIFA. Lionel Messi, Cristiano Ronaldo, Iniesta, Xavi, Fabregas and many others have all played Futsal to help further develop their skills.



### Futsal – The Basics

- 5 a side, normally played indoors with hockey sized goals – but also perfect for a MUGA or hard court area
- A smaller, weighted size 4 ball is used
- The game is played to the lines, not the walls, using kick-ins not throw-ins
- 20 minutes per half, using a stopping clock and allowing timeouts per team

**'DESIGN YOUR OWN GAME'**



Interaction with ALL players:

Game Challenge:

My Notes:

Top Tips:

## Monitoring and Evaluation

We want to support you to tell your stories and demonstrate the impact of the work you are doing through the **#Inspiration2022** Campaign and have developed a series of tools and templates for you to use.

If you receive a Cricket or Multi-Sport Kit Bag through StreetGames, there will be basic monitoring requirements as a condition of receiving this equipment. If you are successful in applying for funding through the Barclays Community Football Fund, you will need to complete the monitoring requirements of this funder. There are no specific monitoring requirements for simply using the ideas within this Activation Pack, however, we would love to share your stories and we encourage you to tag us on social media through the handles and #hashtags below.



@streetgameswales

@streetgamesuk

**#Inspiration2022**



@StreetGameWales

@StreetGames

We understand that Monitoring and Evaluation (M&E) can sometimes feel daunting and time consuming. Many of you in the StreetGames network have told us that they find it challenging to know what to collect, how to go about it, what tools they can use, or struggle in terms of having enough capacity or buy-in.

Although there is no single, 'magic' best way of doing things, there are a number of tips and tools that can help. We've packaged some of these together to create what we are calling the **M&E 'Kit-bag'**, to help you undertake M&E and demonstrate the impact of your work.

### The online M&E Kit-bag includes:

- General information and guidance
- Access to templates and resources
- Sign-posting to advice and tools from other organisations.

Full details can be found online here: [M&E Kit-bag | StreetGames](#)

Feel free to use the poster template on the next page (*word document available on request to [wales@streetgames.org](mailto:wales@streetgames.org)*)

