**Individual ‘Pen Portrait’ Case Study**

**Overview**

This template is designed to help share the ‘story’ of an **Individual young person** involved with doorstep sport activities at an LTO in a cluster area who has developed/ changed behaviour in one (or more) of the following:

1. Increased their **activity levels**
2. Enhanced **mental health**/well-being
3. **Developed personally** through their participation or volunteering (e.g. in terms of confidence, transferrable skills relevant for employment such as: leadership, communication, responsibility and problem solving etc. or developing as a young coach)
4. Changed their behaviour and attitudes towards **ASB/crime**

**What information?**

The case study should look to describe what has taken place and where possible, identifying what helped bring about these changes and any key challenges/ lessons learnt and (where relevant) whether StreetGames played any part, e.g. in terms of resources provided, training or support which helped to bring about these changes.

**How will the case studies be collected & written up?**

The case study templates can either be used by an LTO or DSA so that they can collect the information themselves directly and then send the completed template through to the R&I team to write into a case study example or alternatively if a DSA lets us know when they have seen something that they think would make a good case study and provides us with the relevant contact details the R&I team will make contact and collect the information and write up the case study. [ceris.anderson@streetgames.org](mailto:ceris.anderson@streetgames.org)

N.B. It’s absolutely fine for case studies to vary in length – they could be short, mini case study (e.g. just a couple of paragraphs) or a longer, more detailed case study (e.g. 1-2 pages).

**How will the case studies be used or shared?**

If permission is provided by the individual young person, the case study will be shared on the StreetGames website and in our comms to the network and shared with funders like Sport England, potential new funding partners and also for LTOs to share locally with their partners, funders and stakeholders.

The case study can be anonymised

Case Study Template provided overleaf which can be used as a guide. N.B. we understand that it will not be possible to collect all of the information for every case study.

**Individual Young Person – Pen Portrait Case Study: Suggested Content**

|  |  |
| --- | --- |
| **What** | What is the focus of this pen portrait case study?  🞏 Increased their **activity levels**  🞏 Enhanced **mental health**/well-being  🞏 **Developed personally** through their participation or volunteering (e.g. in terms of confidence, transferrable skills relevant for employment such as: leadership, communication, responsibility and problem solving etc. or developing as a young coach)  🞏 Changed their behaviour and attitudes towards **ASB/crime**  🞏 Other, please specify: |
| **Who** | Who is the case study about: name of individual\* - are they a participant, volunteer or coach/leader etc. Which organisation are they part of? |
| **Where** | Location (*geographic area*) |
| **Background** | How did the individual initially become involved with the project, what were they doing previously? |
| **Why** | What made them decided to get involved? |
| **Challenges** | Did they face any initial challenges? |
| **Actions** | What actions were taken to address these challenges *(e.g. did they go on training or receive any specific mentoring/support etc.)* |
| **How** | How are they involved at the project? *(e.g. what activities do they take part in or what volunteer / leadership role(s) do they undertake?)* |
| **When** | How often are they involved? |
| **Achievements** | *Any key achievements: qualifications, awards or progression* |
| **Now** | What has happened as a result of their involvement? *(e.g. what are the changes for that individual and also for the project and/or the participants they work with)* |
| **Difference** | Is there any data or information to evidence this progression? *(e.g. Views data, survey data, evaluation, quotes, awards, success or recognition)* |
| **Plans for the future** | What are their next steps/ future plans? |
| **Key Success Factors** | *Were there specific things which helped this young person to develop?* |
| **StreetGames Involvement** | Did StreetGames centrally play any part, e.g. in terms of resources provided, training or support which helped to bring about these changes. |
| **Lessons Learnt** | *Any key lessons learnt/ things the project would do differently?* |
| **Other additions** | Include photos, logos and quotes where possible (Quotes - from the individual and from the project lead/mentor). |
| **Contact** | Contact name and email/phone number |

N.B – The **content for any case study must be ‘signed off’** and approved by the relevant project lead and/or individual and explained where it may be used.

\*The name may be changed to anonymise.

Parental consent must be gained for any case study which focuses on an individual under 16 years.