

# COACHMATE STORY

Name : Ellie

Area : Leeds



StreetGames CoachMate programme was developed to improve access to coach development opportunities and provide personalised support for young people from lower socio-economic groups that were looking to become coaches and leaders.

## PURPOSE

Ellie has been a StreetGames participant since she was 11 years old, when she attended George Salter Academy in West Bromwich. She was part of the 'peer mentor' team who volunteered for up to 10 hours a week, she also attended every StreetGames festival and became a fantastic young coach.

Ellie is the first generation within her family to attend university and is just starting her second year at Leeds Beckett University. Since moving to Leeds she became absorbed by student life and had started to drink a lot and not exercise. She also wasn't undertaking any coaching or volunteering work and had lost the motivation to support community engagement. Ellie came to Kate (one of StreetGames' Tutor workforce who Ellie knew from her time at George Salter) recently to seek help to get her back on track by upskilling herself, getting some voluntary work in the community and develop her coaching confidence again.



## SUPPORT

Ellie has been part of the CoachMate programme for the last six months and has received nine hours of one- to-one CoachMate support and mentoring with Kate to get her ambition of being a community coach back on track. She has completed 15 hours of informal training such as the Youth Health Champions training and team coaching situations with Kate, alongside formal qualifications including a L3 First Aid course and her Netball Level 1. She has joined the NextGen youth leadership group in Leeds who meet monthly to develop their coaching and leadership skills.

## OUTCOMES ACHIEVED

Ellie has gained new qualifications together with the required skills and competencies to start volunteering with a StreetGames Local Community Organisation. She has also regained the confidence in her ability and applied for the role of National Young Advisor with StreetGames, which she was successful for and is now planning the national Young Volunteer Residential. She has also appeared on an online module looking at how we can engage women and girls in sport. She is now working towards her Netball Level 2 coaching qualification and is keen to find some paid coaching opportunities in the local area.

## QUOTE

" I am now studying Physical Activity, Exercise & Health at Leeds Beckett University with the plan to do my PGCE and become a PE teacher. I genuinely believe that without the help of Kate and StreetGames I would not be in the position that I am today. "