

# COACHMATE STORY

Name : Salman

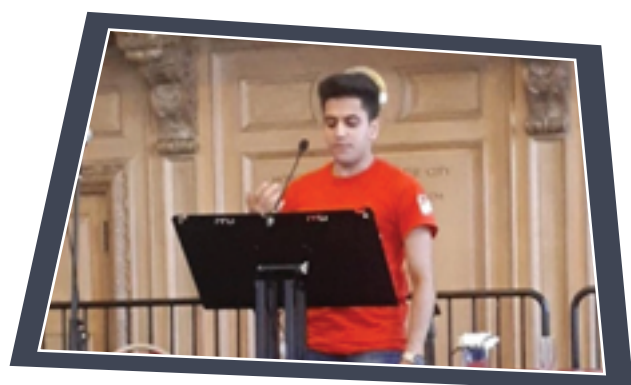
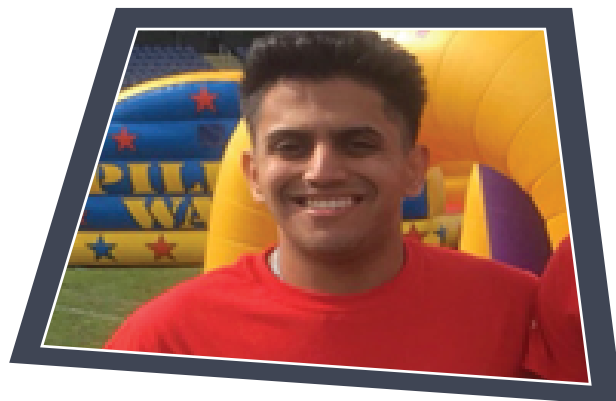
Area : Leeds



StreetGames Coach/Mate programme was developed to improve access to coach development opportunities and provide personalised support for young people from lower socio-economic groups that were looking to become coaches and leaders.

## PURPOSE

Salman first became involved with StreetGames when he was part of the 'Together We Are Stronger' project and over the course of the project he developed confidence to take on several leadership roles including acting as the coordinator for the Leeds group and giving a speech about the project at the Council buildings. After finishing this project Salman has been inspired to look for a career in the Youth Work / Youth Engagement sector. Since being out of work for several months he wanted to gain more qualifications and training to develop his skills and knowledge of how to engage young people in a range of different activities.



## SUPPORT

Salman has received 10 hours of one-to-one CoachMate support from Kate over the last six months particularly around gaining additional qualifications and confidence in his own ability.

He has completed a wide range of StreetGames training courses including Youth Mental Health First Aid, Emergency First Aid and Managing Challenging Behaviour which has given him more knowledge and skills to put on his CV and take into interviews.

## OUTCOMES ACHIEVED

Kate's support as a Coach/Mate has helped Salman secure a full time position as an Engagement Coordinator at a local college. He's really excited to implement all the training and top tips he's learnt over the last six months to engage more students in sport and physical activity. Salman has also joined the NextGen youth leadership programme in Leeds to continue to develop and support other young volunteers in the area. Salman has been selected as a National Young Advisor for the upcoming StreetGames Young Volunteer Residential.

## QUOTE

" I am really glad to have Kate as a mentor, she has been great throughout, I couldn't have asked for a better mentor! I am also thankful to be part of the StreetGames family as over the last year I have gained a wealth of experience and knowledge which I wouldn't otherwise have done. It has been great networking and meeting like-minded people at training courses! "