

# #NEXTGEN RESIDENTIAL



2024



## INTRODUCTION

The 2024 StreetGames #NextGen Residential took place at Brathay Hall, Ambleside in the Lake District from the 28th October to 1st November 2024.

It provided an opportunity for young people who have been volunteering in their local communities, to attend a five-day young leader development programme.

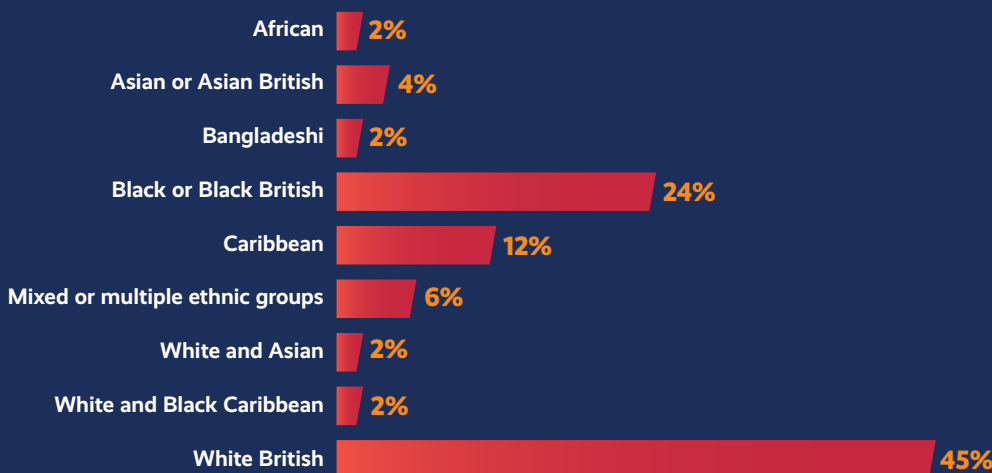
The event was organised and run by StreetGames in partnership with staff at the Brathay Trust and supported by a team of six StreetGames Young Advisors.

The aim of the programme was to reward the young volunteers, provide them with a range of new experiences and specifically enhance:

- The skills development of the young volunteers in terms of leadership, communication and teamwork
- The personal skills of the young volunteers in terms of confidence, self-esteem and helping them to face their fears
- The social skills of the young volunteers, in terms of making friends, having fun and creating links with different projects.

These aims were designed to create a legacy, with the young volunteers taking the skills acquired through the training back to their local communities and applying them to the great work they do.

## PROFILE OF ATTENDEES



## ORGANISATIONS



## RESIDENTIAL ACTIVITIES

The young volunteers took part in the following activities over the course of the residential:

Team building, high challenges, canoeing, ghyll scrambling, whaler boating and mountain hiking.

The activities were all chosen by the Young Advisors to challenge teams and individuals to work together, support each other and face their fears.

In addition to the outdoor adventure activities, young people developed their life skills through sessions about managing money, democracy & how their voice matters, managing their wellbeing and crisis management.

A diverse range of evening activities were designed and delivered by the team of Young Advisors, which included a quiz, scavenger hunt, mini Olympics and celebration evening.



## OUTCOMES

The evaluation process for this residential involved gathering feedback from young volunteers, project leaders and Young Advisors via:

- A short survey with the young volunteers on Day 1 and Day 5
- Surveys with the Young Advisors
- Evaluation forms
- Informal interviews around the site with young volunteers, young advisors and project leaders

## YOUNG VOLUNTEERS

On day one, the young volunteers were asked to complete a short baseline survey using Mentimeter. The aim of this exercise was to establish how important, on a scale of 1-10, each aspect was to them at the outset of the Residential.

The young volunteers were then asked the same questions on day five, allowing us to show how much they felt they had learnt with regards to each aspect, during their time at Brathay.

The chart below compares the responses of the group on day one to the results on day five.

On day one, volunteers were asked “how important is it to...”. On day five they were asked “how much have you...”. Responses were given on a scale of 1-10, with 1 being least important and 10 being most important.



The responses indicated that the young volunteers had a positive experience at the residential, with the most significant changes being in the number of young people that made friends with others from different projects. The StreetGames residential allows the young volunteers to make connections and friends with people from outside their communities, which for many they won't have had the opportunity to do before. The young volunteers often share that it expands their perspectives and helps them understand diverse beliefs and ways of thinking.

Another significant increase was in the number of young volunteers who felt as though they had faced their fears. The activities at the residential are designed in a way that encourages the young volunteers to come together and support one another to overcome fears and challenges. They often reflect on how overcoming fears within activities gives them an increased level of self-belief and confidence, that can transfer to other areas of their lives.

The element that was most important to the young volunteers, was to have fun. The responses show that the amount of fun they had exceeded their expectations on day one, highlighting that the residential provided opportunities to develop skills, learn and make connections, whilst ensuring that enjoyment and fun was at the centre of everything that was done.

The young volunteers were also asked what they had liked most about the residential, results are shown below:



Finally, they were asked which three words they would use to describe their time at Brathay:





## YOUNG ADVISORS

Young Advisors are experienced volunteers who actively volunteer in their communities and have attended a StreetGames residential in the past as volunteers. The role offers these young people the opportunity to work with StreetGames staff and take a lead on all aspects of the residential, from initial planning right through to helping lead the event.

This year's Young Advisors were Andres Ramirez (Leeds), Hannah Anyanwu (London), Kamil Grzelak (Wrexham), Ogheneviyenze Efadue (London), Sophie Pinnock (Swansea), Zain Boyko (Wigan).

The team met with StreetGames staff a number of times in the build up to the residential to design and plan the event.

Each of the Young Advisors faced their own challenges, in particular, believing in themselves, managing challenging behaviour when delivering activities and leading activities to large groups. However, with the support of the staff and by working together as a team the Young Advisors were able to overcome these challenges and develop their confidence, leadership and teamwork skills.

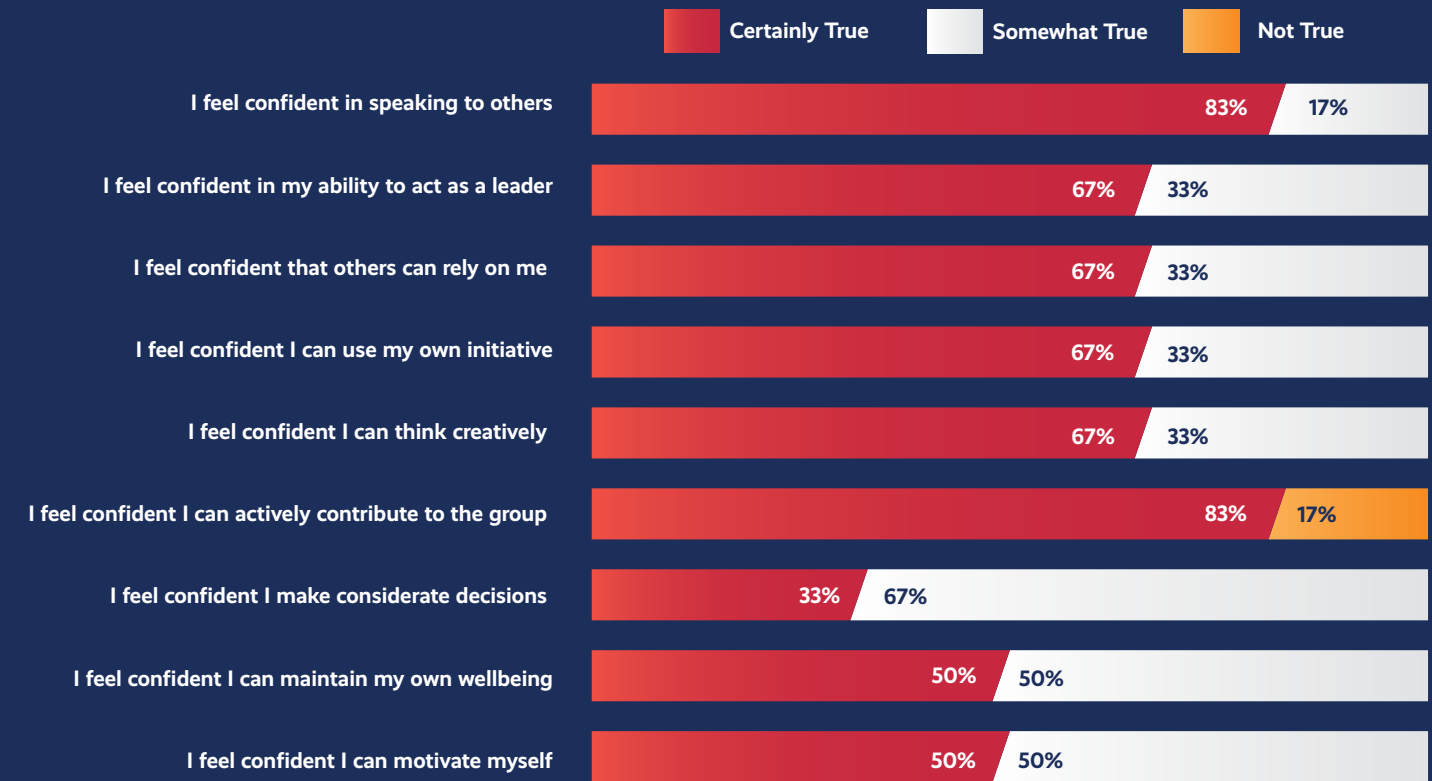
The six Young Advisors completed a survey after the residential which provided them with an opportunity to reflect on their experience. Below provides a summary of the results:



The results indicated that the Young Advisors had high levels of satisfaction with their experience, found the residential enjoyable and felt confident in their ability to make a difference to other young people.

The chart below shows that the Young Advisors now feel confident in several areas, with 100% agreeing that 8 out of 9 statements were either 'certainly true' or 'somewhat true'.

For the following statements, to what extent do you believe they are true for you?



Within the survey they were asked to share what they felt was the best thing about being a Young Advisor:

- "Being a team player and winning"*
- "Creating bonds with young people, and making memories and doing things I would never dream of doing"*
- "To be able to have such an amazing opportunity to meet wonderful people and gain experience"*
- "Being able to have more responsibility and say about the residential"*
- "Face new challenges and meet people from across the whole country"*
- "Connecting with young people all over the country"*

Finally, they were asked what they would take away from this opportunity:

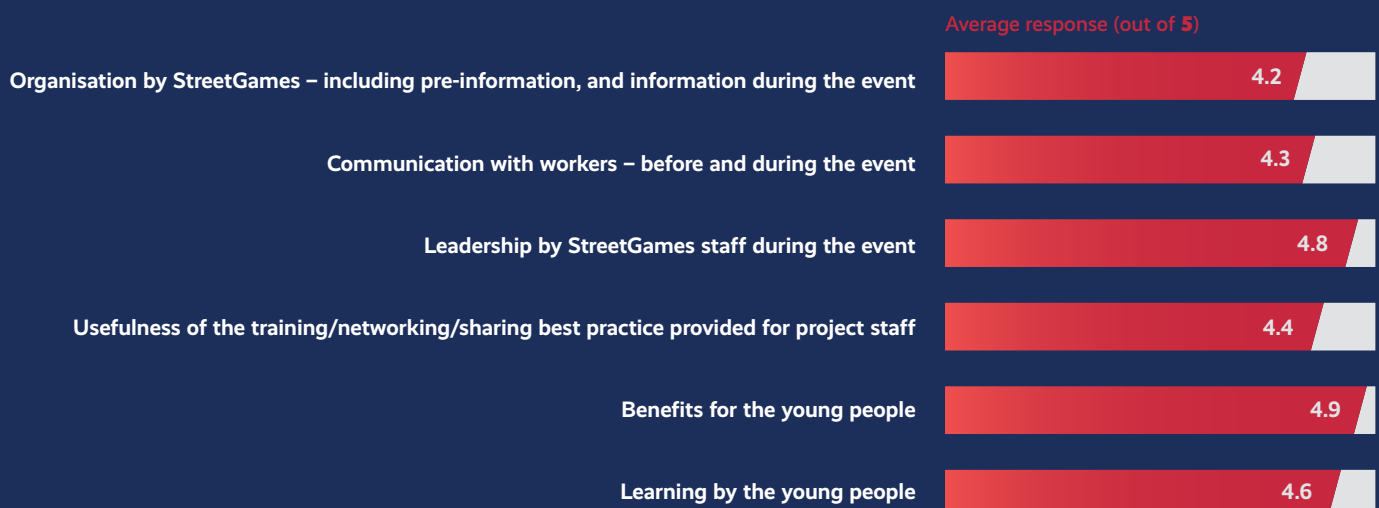
- "That I am capable of many things"*
- "The skills, such as leadership, that I have further developed"*
- "Memories, good ice breakers to use back at work, ability to deal with young people in different environment and some jbl earphones which work well"*
- "Patience"*
- "Self-reflection, different leading mindset"*
- "Everything. The genuine interaction and conversations that were had, the confidence boost and ability to be adaptable to different situations"*



## PROJECT LEADER FEEDBACK

As part of the evaluation process, project leaders were also asked to provide feedback via an online survey.

The project leaders were asked to rate on a scale of 1 to 5 (5 being excellent, 1 being poor) how they had found a number of aspects of the residential. The chart below shows the average response.





The project leaders were also asked how much they felt the young volunteers from their project had gained by attending the residential. The chart below shows the average response to the question “At this residential, how much do you think the young volunteers from your project have ...”, on a scale of 1-5 with 1 being ‘not at all’ and 5 being ‘a lot’.



The responses highlight that the project leads witnessed the young volunteers achieve a broad range of outcomes as a result of attending the residential. This was further emphasised in the comments left on the survey:

*“It’s been such a valuable experience for the young people. They’ve learned so much and grown as individuals as well as a team, it’s been incredible to witness as a project leader.”*

*“All of my young people really enjoyed their time at the residential doing things they wouldn’t normally do communicating and getting to know other people and building that connection”*

*“This residential provided an opportunity for young people to come out of their comfort zone and experience new activities whilst improving their socialisation skills and self-confidence”*

*“They have learned so much about working together as well as pushing personal boundaries.”*

**THANK YOU!**

